# Paneer Makhani

## Paneer in a Butter Sauce





### **Ingredients**

400g paneer, diced

#### **Tomato Sauce**

2 medium red onion, roughly chopped

2-3 green chillies, roughly chopped

1 tsp ginger, grated

4 cloves garlic, peeled and roughly chopped

4cm stick of cassia bark

3 green cardamom pods

5 whole black peppercorns

400g/1tin plum tomatoes

#### **Makhani** Sauce

3 tbsp ghee

1 tbsp cumin

2 tsp coriander seeds, crushed

½ tsp turmeric

1 tsp Kashmiri chilli powder

1 tsp salt

1 tsp kasoori methi (fenugreek)

2 tbsp greek style yogurt or cream

1 cup hot water

½ tsp sugar (optional)

Handful of fresh coriander leaves, chopped

1 tsp garam masala

#### **Wethod**

- **01** Put onion, ginger, garlic, chillies, green cardamom, black pepper, cassia bark, salt into a pan and cover with water (approx. 1L) and bring to the boil.
- **02** Add a tin of tomatoes to the pan and leave to simmer for 15-20 min on medium heat stirring occasionally.
- O3 After the sauce has reduced and the mixture has come to a thick saucy consistency remove it from heat. Let the mixture cool down and blend to a fine sauce. If required strain through a sieve to ensure the sauce is smooth.
- **04** In a second pan heat the ghee and add the cumin seeds. As soon as they crackle stir in the tomato sauce very carefully.
- **05** Fry the sauce until the oil separates then stir in turmeric, Kashmiri chilli, crushed coriander, dried fenugreek and stir for 2-3 minutes.
- **06** Once the sauce has thickened reduce the heat and stir in the yoghurt or cream.
- O7 Cook for a minute or two and add the fresh homemade paneer. Stir to coat with the sauce then leave to simmer for 5 minutes on a gentle heat. Add a little hot water to loosen the sauce if required and the sugar (if using).
- **08** Stir in and the garam masala.
- **09** Garnish with coriander leaves and top with a dash of cream before serving.

#### **Served with**

I like this dish on its own with either roti or rice.....actually just roti

