## **Mango Lassi**

## Frozen Mango Yoghurt Drink





## **Method**

- **O1** Put the yoghurt, milk, mango, sugar, ice into a blender and blitz until smooth.
- **O2** Pour the mixture into a tumbler and sprinkle with some cardamom powder.

## **Ingredients**

1 mango, peeled, stoned and chopped

4 tbsp Greek yoghurt

Splash of cold milk

3 tsp of sugar (or to taste)

1 handful of ice cubes

Sprinkle of cardamom powder

