Restaurant Base Sauce

Tomato Masala





Ingredients

500g onions, peeled

25g fresh root ginger

900ml water

25g garlic

1 tbsp salt

400g tin of tomatoes

4 tbsp of vegetable oil

1 tbsp tomato purée

1 tbsp turmeric

1 tsp mild chilli powder/ paprika

Method

- **01** Roughly chop the onion, ginger and garlic.
- **02** In a blender blitz the onions, ginger and garlic with half the water until you have a smooth paste.
- **03** Place this blended paste and the remaining water into a large pan. Stir in the salt and bring to boil, ten reduce the heat and leave to simmer for about 45 minutes. Leave to cool.
- **04** Once cooled, pour into a blender and whizz until you are left with a completely smooth sauce.
- **05** Blend the tinned tomatoes until completely smooth.
- **06** Heat the oil in a clean pan and add the tomato purée, turmeric and chilli powder. Stir in the blended tomatoes and bring it all to the boil.
- **07** Reduce the heat and leave to simmer for 10 minutes. Stir in the onion mix and bring it all to a boil. After a few minutes reduce to a simmer.
- **08** Skim off any froth from the top and leave to cook for 25 minutes continuing skimming off any froth.
- **09** Leave to cool and store in the refrigerator for 5 days, or freeze
- 10 Heat and use as and when required.

Served with

This base sauce can be used for any basic tomato based dish, such as chicken, lamb or veg-it's your choice.

