

Mint Raita

Quick Mint Yoghurt Sauce



Method

- 01** Put the yoghurt into a bowl, add a splash of milk to create a runny consistency.
- 02** Stir in the mint sauce.
- 03** Stir in the garam masala.
- 04** Garnish with a sprig of mint and refrigerate until required.

Ingredients

100ml natural set yoghurt

Splash of milk

1 tbsp mint sauce

1 tsp garam masala



More on this recipe

<http://www.harighotra.co.uk/mint-yoghurt-recipe>